



I THINK. I FEEL. I AM ... *fearful*

MARK 4:35-41

And a great windstorm arose, and the waves were breaking into the boat, so that the boat was already filling.

MARK 4:37

I. Fear of the storm can lead us to try to _____ what we are not designed to control.

II. Fear of the storm can lead us to _____ in ways we are not designed to be disconnected.

III. Fear of the _____ realigns you to the only consistent hope you have in the storm.

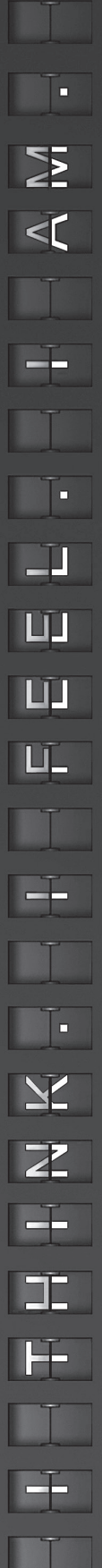
And he awoke and rebuked the wind and said to the sea, "Peace! Be still!" And the wind ceased, and there was a great calm. He said to them, "Why are you so afraid? Have you still no faith?" And they were filled with great fear and said to one another, "Who then is this, that even the wind and the sea obey him?" vv. 39-41

When I think, I feel, I am ... fearful:

■ I AM ... a _____ of the Most Powerful King.

■ I THINK ... about God's _____ over all things.

■ I FEEL ... _____ knowing God is control.



DEVOTIONAL & HOME GROUP STUDY

Ask the Holy Spirit to reveal His truth and wisdom as you go through this lesson.

1. Read Mark 4:35-41. How can you explain the fact that the disciples saw Jesus do miracles and heard Him teach, yet were surprised that He could still the storm?

"Did Jesus know that the storm was coming? Of course He did! The storm was a part of that day's curriculum. It would help the disciples understand a lesson that they did not even know they needed to learn: Jesus can be trusted in the storms of life. Many people have the idea that storms come to their lives only when they have disobeyed God, but this is not always the case. Jonah ended up in a storm because of his disobedience, but the disciples got into a storm because of their obedience to the Lord."

WARREN WIERSBE

"It isn't until you believe that Jesus is the solution to your fear, worry and anxiety that you will go straight to Him. That is where you will find the true and lasting solution your soul craves. ... You may need to stop being afraid of the future and start clinging to the God who holds the future. Your past does not predict your future—only God does (Dan 12:5-13). If you look to Christ, you can trust that you are not defined by your past failures; rather, your identity is found in the present and future reign of Christ (1 Cor 2:9)."

JOSH WEIDMANN

2. In reading about this event, how do you see yourself in the behavior of the disciples?

3. When you are fearful, how do you tend to try to control things or to disconnect in the ways the preacher mentioned in the sermon?

4. Why do difficult circumstances cause us to doubt God's care for us?

5. What can we learn from this passage about how to respond to difficulties in our lives?

6. Try one of these ways during the week to practically push back against fear.

Write down what you fear on a card, then give it over to God by destroying the card, accepting that He will take care of what you entrust to Him.

Take your eyes off your own fears by interceding for others. Contact a friend or two and ask how you can pray for them.

Memorize one of the Scriptures cited in the sermon to counter fearfulness:

- Proverbs 14:26 Hebrews 11:7a
Psalm 25:14 Romans 8:14-16
Exodus 3:11-12 Ephesians 3:20
Psalm 23:4-6

A WONDERFUL OFFER

Being a Christian isn't based on membership in a local church or keeping a set of rules. It involves a personal relationship with Jesus Christ and an understanding of who He is and what He has done to provide man with a way to experience God's love for us. Here's how to know Jesus Christ as your personal Savior:

- 1. Realize that you are sinful and separated from God. (Romans 3:23; Isaiah 53:6)
2. Recognize that the penalty for your sin is death—eternal separation from God and all that is good. (Romans 6:23; Hebrews 9:27)
3. Understand that Jesus Christ took the penalty for your sin by dying in your place and that He rose again. (Romans 5:8; 2 Corinthians 5:21)
4. Receive the free gift of salvation by trusting in Christ alone as your Savior. (Romans 4:4-5; Ephesians 2:8-9)

"For God so loved the world, that He gave His only begotten Son, that whoever believes in Him should not perish, but have eternal life." (John 3:16 NASB) You can use this prayer to express your decision to God: "Dear God, I know that I am a sinner. I believe that Jesus Christ died on the cross for me and rose from the dead. I trust in Him alone as the only way to get right with You. Thank You for the forgiveness of sins and the eternal life I now have. Amen."

COMING UP AT CHRIST CHAPEL

Here's a glimpse at what you need to know for this week at Christ Chapel. If you'd like to find out even more, visit www.ccbcfamily.org/events.

AVENEW WEEKEND From dating and engaged couples to newly married, join us for the AVENEW weekend conference on Friday and Saturday, May 17-18. In just two days, receive a biblical framework of marriage and tools for walking out God's purpose for your relationship. Learn more and sign up today by visiting www.ccbcfamily.org/avenew.

ELDER PRAYER The Elders and their wives would love to spend time with you and pray for any encouragement or healing you need in your life right now. God does extraordinary things when we go to Him, and we're excited to do this together Sunday, May 19 at 12:30 p.m. in the Sanctuary. Learn more at www.ccbcfamily.org/elderprayer.

MSM SUMMER CAMP Join the MSM staff and your favorite leaders as we head to Carolina Creek Christian Camp from Wednesday, July 24, to Saturday, July 27. From learning more about Jesus and the gospel to hanging with friends and making memories, register today by visiting www.ccbcfamily.org/msmsummer.

DISCIPLESHIP GROUPS Why do life alone when you were meant for community? That's why we created Discipleship Groups. Around here, the purpose of these groups is for spiritual growth to increase. Practically, this looks like meeting with a leader and a small group to dive deeper into the basics of our faith, and then, we want you to go and do-leading your own Discipleship Group. Our faith flourishes in community, so start today! Learn more at www.ccbcfamily.org/groups.

LUNCH WITH A MISSIONARY Have you ever wondered about our Global Missions Ministry? Then join us for Lunch With a Missionary! Come fellowship with one another and learn more about how to support the persecuted church worldwide on Sunday, April 21 at 12:30 p.m. in the Oak Room. Learn more by visiting www.ccbcfamily.org/lunch.

DID YOU KNOW WE HAVE A 5 P.M. SERVICE? We created the 5 p.m. service with the BE, MAKE and REACH vision in mind, opening more opportunities for others to meet Jesus. This Sunday, April 14, the 5 p.m. service is moving to a permanent location in the Chapel! We'll have a free dinner to celebrate and would love for everyone to join in. So come and meet more of the staff, welcome new families and see what God is doing at our campus. We'll see you there!



LOOKING FOR THE CONNECT CARD? Scan the QR code here to fill out a Connect Card. Our team will reach out this week to answer your questions and tell you more about Christ Chapel.

IF YOU'D LIKE TO GIVE AN OFFERING TODAY, YOU CAN DO SO STRAIGHT FROM YOUR PHONE. The process is quick and easy-text GIVE to 24253 to get started.