

THRIVE

We all experience brokenness to some degree or another and at different times in our life. When faced with difficulties, most of us respond by focusing on changing behavior or circumstances without addressing the root causes of our struggles. Thrive is a Christ-centered discipleship program that takes people to the root of sin and suffering and leads us to embrace the freedom found only in Christ's finished work on our behalf.

Thrive consists of daily Bible study and reflection, one-on-one Soul Care mentoring, sharing vulnerably in small groups and a large-group teaching time.

Having a mentor who meets one on one with you once per week *in addition to* the small group time is one of the amazing benefits of being a part of Thrive. If you already have someone in your life who is walking along side you, we would like to challenge you to ask them to serve as your mentor during the Thrive process. In this Thrive folder, you will find a document entitled "Identifying Your Thrive Mentor" that will help you discern if there is already someone in your life who can fill that role. If you do not have anyone who is currently acting as a mentor in your life, please indicate this on your application. We have a limited number of mentors that we can pair with participants who do not have a mentor, however your chances of being accepted into the Thrive program will be higher if you have already identified someone in your life who is willing to walk with you through this particular program.

Thrive lasts 14 weeks and is offered twice a year. At this time, we are primarily serving regularly Christ Chapel attenders or those who do not have a church home.

The Thrive application is available below. One of the main purposes of the Thrive application is for our staff to be able to get to know you prior to the Thrive process and assess if Thrive is the right fit for you. Thank you for taking the time to fill it out thoroughly!

<https://my.ccbcfamily.org/Thrive>

Whether you are struggling with anxiety, fear, hopelessness, spiritual discontentment, broken relationships, pornography, poor habits, disordered eating, anger—or if you are stuck in a particular area of life join us for a season at Thrive where you can be real, be challenged and be changed.

Questions about Thrive? Email Christina at ChristinaWa@christchapelbc.org.

The next session of Thrive is planned for Spring 2021.