

Thrive

Frequently Asked Questions and Specifics

Spring 2021 Dates:

Thursday, January 28, 2021	Thrive begins
Thursday, March 11, 2021	SPRING BREAK no meeting
Thursday, May 6, 2021	Thrive Celebration

What is Thrive?

Are you ready to get serious with your faith? Are you feeling stuck or broken? No matter where you are, THRIVE provides a community where you can be encouraged, be real and be challenged to dig in and experience life-giving growth. It's an opportunity for discovering biblical and practical answers for life. Every week we offer eye-opening teachings followed by small group discussion, daily reading assignments in the Word, one-on-one mentor accountability, personal assessments, and help with biblical application.

Your small group will consist of 6-8 other men or women (gender specific) with a leader and co-leader facilitator, and you'll work through the Thrive curriculum. Once this group starts, you can expect it to last a semester (14 weeks).

How do I sign up?

Applications are on the CCBC website <https://my.cbcfamily.org/Thrive> and are due about 2 weeks before the groups start or until the group is full. Being accepted into Thrive is dependent on the number of mentors available and your readiness to commit to an intensive season of discipleship. At this time, we are primarily serving those who do not have a church home or call Christ Chapel their home church.

When and where does Thrive meet?

Thrive is offered twice a year – in the fall and in the spring.

6:30 - 8:15 p.m. on Thursday evenings at the Christ Chapel Bible Church Fort Worth Campus or Virtually Over Zoom during Co-Vid

What does a typical night at Thrive "look like"?

The format of the Thursday night is as follows:

- 6:30 - 8:15 p.m. – Small Group Time
 - You will be placed in a group with 6-8 other men or women (gender specific) with a leader and co-leader facilitator, and you'll work through the Thrive curriculum. Once this group starts, you can expect it to last a semester (14 weeks).

Will I be asked a lot of personal questions at Thrive?

Though we encourage you to remain active in your small group discussion, any personal sharing during the group meetings is voluntary, however, highly recommended and encouraged for personal growth and cultivating good group dynamics.

How do I know that what I share at Thrive will be kept confidential? Will it be a safe place to share?

We believe that scripture calls us to refrain from gossip and we ask all participants, facilitators and mentors to adhere to the guidelines that what is discussed in the group stays in the group. Thrive facilitators are encouraged to operate under the direction of God's Word in handling the information shared in the group. In order to provide a safe environment, the facilitators have committed to not share information about others outside the group except in the event of the threat of physical, emotional or spiritual injury, then to be dealt with under the guidance of Thrive staff.

Can I be honest with people about what is going on in my life?

Our prayer is that you will feel safe to share with your mentor and within your small group. We find that the more authentic and transparent we can be with others, the more we find hope and healing within our relationship with the Lord and others.

Is Thrive group counseling?

Thrive is not group counseling. The leaders and mentors are facilitators, not counselors. They are also growing in their own walk with the Lord and relationships with others. Everyone in the group is on the journey of growing in their relationship with Christ and applying biblical principles and wisdom to their own life and struggles. We believe that openness and honesty in a small group setting, using Biblically-based curriculum, is where God works to grow and change us.

Who will be my mentor?

If you already have someone in your life who is walking along side you, we would like to challenge you to ask them to serve as your mentor during the Thrive process. On the Thrive google drive: https://drive.google.com/drive/folders/1_stKj6e0OvkkFuCOCy8hxuij9O3y32C3 you will find a document entitled "Identifying Your Thrive Mentor" that will help you discern if there is already someone in your life who can fill that role. If you do not have anyone who is currently acting as a mentor in your life, please indicate this on your application. (**Thrive mentors do not attend on Thursday nights or meet with you in your group)

Do you provide child care?

Yes, Next Generations Children's Ministry is available for children 0-11 years old. To register your child, go to <https://my.cbcfamily.org/Registration?RegistrationInstanceId=722> Registration is required the Monday before attending Thrive. They can be dropped off at the main church building Children's Ministry area, before Thrive small group, and must be picked up by 8:15 pm.

How much does it cost to participate in Thrive?

The cost is \$35.00 per participant. This includes the participant workbook and other supplemental printed materials. (We offer full and partial scholarships for those who are needing assistance. - email us if this is something you need after you have applied.)

How much time each week outside of the meeting is required to be part of Thrive?

Completion of the curriculum homework will take approximately 30-45 minutes, six days per week. In addition to this, the time required to watch the weekly teaching virtually is approx. 45 minutes and also meet with your mentor is one hour per week. Mentor and participant meetings may lengthen to two hours during weeks five through eight as participants go through the assessment phase of Thrive.

What commitment do I have to make?

Once you have applied to Thrive and are accepted, working through the Thrive curriculum will require a 14-week commitment. This is the time in which the group is working through the curriculum together.

As a participant, on average you will have 30-40 minutes of daily homework, 45 minutes to watch the weekly teaching, 1-2 hours of meeting with your mentor per week, and then 1.5 hours on Thursday nights. This means we are asking you to commit approximately 7-8 hours a week to this program. It is important that you understand the time, effort, and consistency required to be an active participant in Thrive, this is a season of intensive discipleship and will be time consuming.

We also ask that participants agree to only miss one Thursday night small group during their Thrive experience.

I have no hope anymore. Is this a place where I can find hope?

Our prayer is that you will find hope that can come through allowing God to do a mighty work within your life and relationships. Healing and change is possible in Christ.

For any other questions regarding Thrive, please contact Christina Wagoner at ChristinaWa@christchapelbc.org or Greg Cook at GregC@christchapelbc.org